

IONIC FOOT DETOX SYSTEM

How Ionic Foot Detox Works

An ionic foot detox operates on the principles of electrochemistry. Modern science is still learning just how the human body works on a cellular level but it is understood that cells react, generate energy, and function, all on an electrochemical level.

The ionic foot spa produces positive and negative ions in the foot bath water. For decades scientists have studied the positive benefits of increasing the amount of negative ions in a living organism's environment. Studies have shown that increasing negative ions produces stronger growth in plants, reduces negative symptoms in humans and leaves people with an overall increased sense of well being.

Our toxic modern environment is generally deficient of beneficial negative ions (An ion is a charged particle that forms when an atom gains or losses an electron). Chemical pollution as well as EMF (electromagnetic frequency) pollution has been stripping our environment of positive energy. This greatly contributes to our bodies being out of balance. We can restore balance by increasing the amount of negative ions in our environment.

An **ionic foot spa** produces a low current, low voltage signal and sends it through the array submerged in the foot bath water. The current in the array creates ionization through a process known as electrolysis.

Electrolysis breaks down the H₂O (water) molecule and produces a negative hydrogen ion (H⁻). These negative ions are then absorbed through the feet by osmosis. The foot serves as an excellent conduit for the whole body. The principles of **reflexology** outline how the feet are connected to all the vital organ systems and natural **detoxification** pathways.

Toxins that are stored in the body often fall into the bio molecule species of free radicals. A free radical is a molecule that has lost an electron making them extremely unstable and reactive. Free radicals can be extremely dangerous to biological systems because they rupture bonds in cells' bio molecules. If a free radical reacts with a bio molecule, it typically steals an electron from an atom and leaves the bio molecule missing an electron, thereby becoming a new free radical. That creates a chain reaction that proliferates free radicals, rupturing chromosomes and cell membranes. Recent studies suggest that several disease states including certain forms of cancer may be attributable to free radicals.

Once the negative hydrogen ions are introduced to the body, they essentially act as an antioxidant. Antioxidants, like Vitamin C, lose electrons easily. It is this process that neutralizes free radicals. Negative hydrogen ions act as supercharged free radical scavengers. Once a free radical is neutralized, the body's natural detoxification process can easily eliminate it.

The ultimate goal of an ionic foot spa is too stimulate the body's own natural detoxification systems and create a positive cellular environment that will assist the body in detoxifying naturally.

\$40.00
1 Hour
½ Hour Foot Detox Foot Massage
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Reiki